

**Signature Box**

*Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.*

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks
- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. **Bonus Item** - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs

**\$29.00**

**Fast and Flavorful Cuisine**

*Convenience meals great for seniors and people living with diabetes!*

*Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.*

- Fish Fillet**, Lightly Breaded & Baked, with a Rice Blend, Carrots and a Broccoli/Red Pepper Blend
- Sweet and Sour Pork** with Rice, a Green Pea/Carrot Blend and Cauliflower
- Red Beans and Rice** with Smoked Pork Sausage, Carrots and Brussels Sprouts
- White Chicken Cacciatore** with Rice, Carrots and Yellow Squash with Onions
- Breaded Chicken Parmigiana** with Spaghetti, Corn/Red Pepper Blend and Zucchini
- White Chicken and Gravy** over Noodles, Corn and Broccoli
- Salisbury Steak & Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts
- Meatball Stroganoff** over Noodles, Carrots and Broccoli
- Country Herb White Chicken** with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend
- Macaroni and Cheese**, Black Bean, Corn and Red Pepper Blend and Cauliflower

**\$28.00**

**Just 4 Me – After School Box**

*An assortment of child-friendly snacks. Great for after school or any time.*

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

**\$24.00**

**AUGUST SPECIAL #1**

- Assorted Grill Box (6 lb.)** **\$24.00**
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
  - 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
  - 1.5 lb. Mild Italian Sausage
  - 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

**AUGUST SPECIAL #2**

- Steak and Chicken Box (4 lb.)** **\$23.00**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
  - 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

**AUGUST SPECIAL #3**

- 12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)** **\$22.00**
- 4 Italian Chicken Breast (6 oz. ea.)
  - 4 Teriyaki Chicken Breast (6 oz. ea.)
  - 4 Lemon Herb Chicken Breast (6 oz. ea.)

**NEW!!! ALL NEW ITEM!!!**

**AUGUST SPECIAL #4**

- Oven Ready Entrées by Angel Food** **\$24.00**
- 4 (2 lb.) *Fully cooked Meals - Just Heat and Serve*
- 2 lb. Seafood Lasagna
  - 2 lb. Lasagna with Meat Sauce
  - 2 lb. Country Fried Steak with Gravy
  - 2 lb. White Chicken Noodle Casserole

**AUGUST SPECIAL #5**

- Premium Fresh Fruit and Veggie Box** **\$21.00**
- 1 Cantaloupe
  - 4 Peaches
  - 4 Navel Oranges
  - 1 Mango
  - 1 Cello Head Lettuce
  - 1 lb. Cello Carrots
  - 2 lb. Yellow Onions
  - 3 lb. Idaho Potato
  - 20 oz. bag Fresh Green Beans
  - 1 Head Cabbage
  - AFM Fruit and Veggie Recipe Sheet

**AUGUST SPECIAL #6**

- Bit O' Blessing Box** **\$21.00**
- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
  - 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entrée
  - 1.5 lb. Country Fried Steak Patties
  - 1 lb. Ground Beef
  - 1 lb. Crunchy Fish Bites
  - 1 lb. Frozen Fruit or Green Beans
  - 1 lb. Rice

**SEE REVERSE SIDE OF PAGE FOR ORDER INFORMATION AND ORDER PICK UP DATE AND LOCATION!!!**

## **AUGUST 2010 ANGEL FOOD ORDER INFORMATION**

### **Order Dates –Times – Locations**

Saturday, July 31, 9 –11a.m. @ Bridgewater Sq. Plaza  
(96th & Riley, Suite 350, Zeeland)

Wednesday, August 11, 4:30–6:30 p.m. @ Second Reformed Church  
(225 E. Central Ave. Zeeland)

Payment Methods For On–Site Orders Are Cash and EBT Cards ONLY!

**Order Pick-Up:** Saturday, August 28, 9–11 a.m. @ Bridgewater Sq. Plaza  
(96th & Riley, Suite 350, Zeeland)

**You must pick your order up by 11:00 a.m.** or your food  
will be donated to a needy family!

Please bring a large box or laundry basket to pick up your order.

### **PLACE YOUR ORDER ON–LINE!**

Visit: [www.angelfoodministries.com](http://www.angelfoodministries.com)

On–line Ordering Requires Use Of Debit or Credit Card

For More Information Visit our Website @ [www.srczeeland.org](http://www.srczeeland.org)